

# Apple Hill Center *for* Chamber Music

## Recommended Packing List

Weather in NH frequently includes heavy rain, cold temperatures at night, and hot temperatures during the day. Cabins are lightly insulated and participants will be outside in the elements. Please be sure to pack clothing/bedding accordingly!

Apple Hill is not responsible for the loss or theft of any personal belongings, and does not return any items left behind by participants. Please label all personal items.

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### Music

|                                                                                                                                               |                                 |
|-----------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------|
| Instrument                                                                                                                                    | Metronome                       |
| Music stand (opt.)                                                                                                                            | Sheet music for assigned groups |
| Extra strings, reeds, pads, or any other accessories you may need; Apple Hill is in a rural area where access to musical supplies is limited. |                                 |
| Solo repertoire or orchestral excerpts to play in the masterclass                                                                             |                                 |

### Bedding

*(Bedding is available, on request, for anyone whose travel arrangements prevent bringing their own)*  
Sleeping bag or sheets/blankets for bed (regular twin-sized for participant cabins, double for faculty).  
Extra warm blanket! Cabins are lightly insulated and NH summer nights can dip below 50 degrees at times.  
Pillow(s)

### Clothing

Casual clothing for warm and cool weather (jeans, shorts, t-shirts, etc)  
Sweatshirt/light sweater/jacket/other warm layers  
Concert clothes (nice clothes & shoes of your choice; concert black not required)  
Rain gear (rain coat, rain boots, umbrella)  
Shoes for walking hilly/muddy terrain between cabins, bathhouse, and main campus  
Sandals and/or sneakers/athletic shoes; soccer cleats optional.

### Toiletries

|                       |                                                             |
|-----------------------|-------------------------------------------------------------|
| Towel(s)              | Shower sandals                                              |
| Body soap             | Caddy for carrying/storing toiletries in communal bathhouse |
| Shampoo               | Other personal items as needed                              |
| Deodorant             |                                                             |
| Toothbrush/Toothpaste |                                                             |

*(Continued on the next page)*

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## Medical supplies

*(Apple Hill has a supply of basic first aid items)*

|                                     |                                              |
|-------------------------------------|----------------------------------------------|
| Sunscreen                           | Allergy medication                           |
| Insect repellent                    | Antibiotic cream/spray                       |
| Medications to relieve insect bites | Prescription and other necessary medications |
| Aspirin/ibuprofen/etc               |                                              |

Masks (high-quality, such as KN95 or N95): Masking is required for anyone with symptoms of respiratory illness, and welcome at all times for anyone who so chooses. AH has masks available, or you can bring your own.

## Technology/Entertainment

Books/magazines/card or board games for free time

Laptops, tablets, and cell phones can be used; there is wifi in central campus buildings and cell phone reception (of varying quality).

## Snacks (opt.)

Apple Hill will provide snacks between meals. Participants are welcome to bring their own, taking into account the following:

- Apple Hill is a nut-free campus, so please do not bring any nuts or food containing nuts on campus.
- All food must be labeled with the participant's name and stored in the designated bins in the breezeway.
- Absolutely no food is permitted in the cabins.
- Participants with food allergies should contact the Summer Workshop Administrative Director as soon as possible.

## Other

Flashlight (paths to cabins are not lighted at night and cell phone flashlights are not usually sufficient light)

Hot/cold drinking mug, labeled with your name